



LEARN CRAFT BAKE LAUGH
SEW WALK RUN PAINT PUTT
STITCH MAKE CHEERS
BOWL INSPIRE SEE CRAFT
LOVE LIFE AT THE SWI
MEET ENJOY PLAY ACT
TEACH TRY CHOOSE SING
SCOFF CREATE COOK DANCE
VISIT GROW SHARE WIN
FUN FRIENDSHIP LEARNING
GIGGLE REPEAT



Do you want more fun and friendship in your life?

The SWI was created for women, by women so they can live their best lives by experiencing lifelong learning, fun and lasting friendships.

The SWI connects women in their local area and across Scotland with more than 8,000 members in 400+ communities in Scotland.

We celebrate local life,

sharing skills and embracing new adventures, offering everything from knitting and baking to walking weekends and wild swims... often with a bit of gin tasting and belly dancing in the mix too!

While lifelong learning is at the heart of everything we do, lasting friendships and improved confidence are often wonderful results!

We are women supporting women to live their best lives, so dive in and see what you can do...

Your friendly local group meets at...

Date

Time

All women welcome to join us!

www.theswi.org.uk